

**Alice M. Forrester, Ph.D., Clifford W. Beers Child Guidance Clinic
Executive Director**

Education:

- 2002 PhD, Clinical Psychology, Fielding University
- 1992 MA, Drama Therapy, New York University
- 1979 Bachelor of Arts, Art History, Kean University

EXPERIENCE:

Alice Forrester, PhD, is the Executive Director of the Clifford Beers Clinic in New Haven, CT. Clifford Beers Clinic is a \$16 Million, 200 Staff, 104 year old community based, mental health center for excellence for the treatment of children and families. CBC is a recent recipient of a 2014 Center for Medicaid and Medicare Services Healthcare Innovation Award for a new model of care called "Wrap Around New Haven" for chronically stressed families and children living with chronic health and mental health issues. CBC has been the clinical recovery response for the Sandy Hook Shootings on 12/14/12. She was on the Board of Directors of the Connecticut Community Providers Association, and is Past-President of National Association for Drama Therapy (NADT) and Past Chair of the National Coalition for Creative Arts Therapy Associations (NCCATA). She has served as the Principal Investigator of two National Child Traumatic Stress Network grants, as well as participating as Guide Team Member in the New Haven CT MOMS Project, Funded by HHS Office of Women's Health, at Yale University. She was appointed by the Governor of CT to sit on the Sandy Hook Commission and also sits on the Legislative appointed Children's Mental Health Task Force, and Urban Violence Commission chaired by CT Lt. Governor Nancy Wyman.

Clifford W. Beers Child Guidance Clinic, New Haven, CT.

Chief Executive Officer, 2007- Present
Associate Director, 2002-2007
Project Coordinator 2000--2002

Institutes for the Arts in Psychotherapy, in New York City, San Francisco, CA, and Nijmegen, Holland.

Post-Graduate Trainer, Psychotherapist 9/96 to 2007

Danbury Hospital, Young Peoples Unit, Inpatient Psychiatry, Danbury, CT.

Psychotherapist, 11/93 to 6/95

Hospital of Saint Raphael, Celentano One, Inpatient Psychiatry, New Haven, CT.

Co-Director of Milieu Treatment Program, 9/91 to 11/93.

FACULTY POSITIONS:

New York University, Masters in Drama Therapy

Adjunct Faculty, 2003-2005

California Institute for Integral Studies, Masters of Marriage and Family Therapy

Visiting Faculty, May 2000 and May 2001.

Dutchess Community College, Department of Human Services

Adjunct Lecturer, 1996- 1997

FEDERAL GRANTS

Principal Investigator, Project Director, SAMHSA, National Child Traumatic Stress Initiative

2005-2009 Child and Family Trauma Center, Clifford Beers Clinic created a community based, clinical center for excellence for the treatment of children and families who have been exposed to trauma, for example, sexual abuse, domestic violence, community violence and traumatic bereavement, in particular to families living below federal poverty level.

Principal Investigator, Project Director, SAMHSA, National Child Traumatic Stress Initiative

2012-2016 The Wessel Child and Family Trauma Center, located within the Clifford Beers Clinic is implementing a project (known as the HONORS PROGRAM) that provides trauma-informed evidence-based practices to children and families of deployed military personnel residing in New Haven (CT) County.

Principal Investigator, Center for Medicare and Medicaid Services, Health Care innovation Award 2014

Chief Executive overseeing Clifford W. Beers Guidance Clinic, Inc., which will deliver evidence-based, culturally-appropriate integrated medical, behavioral health, and community-based services coordinated by a multidisciplinary Wraparound Team.

PUBLICATIONS

Andres-Hyman, R.C, **Forrester, A**, Achara-Abrahams, Lauricella, M.L., (2006) Oppression and Empowerment: Perceptions of violence among urban youth. *Journal of Community and Applied Social Psychology*, 16, 1-12.

James, M, **Forrester, A.M.**, Kyongok, K.C. (2005) Developmental Transformations of the treatment of sexually abused children. A.M. Weber and C. Haen (Eds.) *Clinical Applications of Drama Therapy in Child and Adolescent Treatment*.

Doctoral Dissertation: The Telling of the Telling: A Narrative Exploration of Young Girls' Disclosure Processes of Sexual Abuse. The Fielding Graduate Institute, 2002.

Johnson, D.R & **Forrester, A.** (2004) Creative Arts Therapy with Incest Survivors. Z. Seligman, (Ed.) *Incest* (Translated into Hebrew) Tel Aviv University, Israel.

Forrester, A. (2000) Role Play and dramatic improvisation as an assessment tool. *The Arts in Psychotherapy*, Volume 27, 4.

Nicholas, M. and **Forrester, A.** (1999) Advantages of Heterogeneous therapy groups in the psychotherapy of the traumatically abused: Treating the problem as well as the person. *International Journal of Group Psychotherapy*, 49(3) 323-342.

Forrester, A. and Johnson, D.R. (1995) The Role of Drama Therapy on an Extremely Short Term Inpatient Psychiatric Unit. *Brief Treatment in Drama Therapy*, Ed. Aleida Gersie. London: Kingsley.