### **Avoiding Residential Lawn and Garden Chemicals**

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### Lawn and Garden Chemicals - Terminology



Connecticut Department of Public Health







### **Exposure to Lawn & Garden Chemicals**





of Public Health

## Some Commonly Used Lawn/Garden Herbicides

- Dicamba (Surge, Cool Power, Horse Power, Escalade)
- Glyphosate (Roundup)
- 2,4-D (GroundClear, Escalade)
- **Dithiopyr** (Dimension)
- **Prodiamine (Barricade)**
- MCPP, mecoprop (many weed-and-feed lawn fertilizers)
- Atrazine (Image)





### Some Commonly Used Lawn/Garden Insecticides

- Malathion (insect control sprays for fruit trees, garden vegetables)
- Permethrin (termite, flea, mosquito, tick control)
- Carbaryl (grub control)
- Bifenthrin (termites, plant insects, ants, ticks)





### Why Are We Concerned About Exposure?

- Some Lawn/Garden Chemicals Pose Environmental Concerns
  - Toxicity to beneficial insects (especially bees)
  - Toxicity to wildlife
  - Leaching into soil toxicity to beneficial soil organisms
  - Runoff into waterways toxicity to aquatic organisms and aquatic plants
  - Leaching into groundwater used for drinking water
  - Runoff into surface water used for drinking water
  - Fertilizers Promote algal blooms in waterways
  - Over time, can actually damage lawn

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### Why Are We Concerned About Exposure?

- Some Lawn/Garden Chemicals May Pose Risks to Pets
  - Pets may have greater exposure •
  - Pet exposure risks not well studied for many chemicals •





### Why Are We Concerned About Exposure?

- Some Lawn/Garden Chemicals May Pose Risks to People
  - Toxicity of many chemicals not as well studied as we'd like
  - Biomonitoring data tells us we have measurable levels of many pesticides in our bodies
  - Possible concern for cancer risks for <u>some</u> chemicals
  - Very high levels of exposure to <u>some</u> chemicals could harm immune system, nervous system, liver, reproductive system
  - Fertilizers nitrogen can contaminate groundwater (nitrate/nitrite) used for drinking water.

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### **Alternatives to Lawn & Garden Chemicals**

- Test soil for nutrient deficiencies.
- Plant right for your site, go "native"
- Mow smart (high, sharp blade, leave clippings)
- Use organic fertilizer only if needed, only in fall
- Control grubs and other pests naturally (beneficial nematodes, milky spore, compost tea)
- Use an organic lawn care professional (no synthetic) pesticides or fertilizers).





### **Benefits of Avoiding Lawn & Garden Chemicals**

- Reduced Exposure and Risks to Environment, Pets, People
- Promote Healthier Lawn and Garden





# **Bottom Line**

- Adjust your expectations of what a lawn is supposed to look like
- You don't need lawn and garden pesticides or synthetic fertilizers to have a nice looking lawn
- Your soil and plants will be healthier without chemicals
- You, your family and your environment will be healthier too





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### Resources

- Soil Nutrient Testing:
  - UConn: https://news.extension.uconn.edu/tag/soil-test/
  - CT Ag. Station: https://portal.ct.gov/CAES/Soil-Office/Soil-Office/Soil-Testing-Offices-Instructions
- CT Dept. of Energy & Env. Protection Organic Lawn Care Website
  - https://portal.ct.gov/DEEP/P2/Individual/Organic-Lawn-Care-For-Consumers#Better
- NE Organic Farming Assoc. Find an Accredited Land Care Professional
  - https://nofa.organiclandcare.net/
- **EPA Lawn and Garden Website** 
  - https://www.epa.gov/safepestcontrol/lawn-and-garden
- National Pesticide Info Center-Health Info: http://npic.orst.edu/health/humhealth.html
- ATSDR Tox FAQs: https://wwwn.cdc.gov/TSP/ToxFAQs/ToxFAQsLanding.aspx

