

Erica Crawford Holahan, LCSW

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EDUCATION

Southern Connecticut State University, New Haven, CT May 2014 **MSW**, Advanced Clinical Practice

Specialization: Children and Families

Thesis: Barriers to Parent Engagement in Child Mental Health Services

Southern Connecticut State University, New Haven, CT 2008 **BA**, Liberal Studies with Public Health and Sociology concentrations GPA 3.76

Yale University, New Haven, CT 1995-1997 Accepted to Yale as a Sterling Scholar

CLINICAL SOCIAL WORK EXPERIENCE

Holistic Psychotherapy, New Haven, CT 2021-present

Licensed Social Work therapist

- Provide individual therapy to adults, adolescents, and families via telehealth. Areas of therapeutic expertise include depression, anxiety, trauma, post-partum, mood disorders

Integrated Wellness Group, New Haven, CT 2015-2021

Licensed Social Work Clinician

- Provided individual therapy to children and adults in areas ranging from depression, anxiety, personality disorders, crisis intervention, and mood disorders
- Served on the agency clinical think tank to strengthen and advance clinical initiatives
- Rapid Access; provided assessment and case management services to high schoolers

Connecticut Mental Health Center, New Haven, CT 2012-13

Social Work Intern, Outpatient Psychosis Unit

- Met with clients individually for therapy and case management; also did home and hospital visits
- Co-led a co-occurring schizophrenia/substance abuse dual diagnosis group
- Presented cases in team meetings and work in supervision

Fair Haven Community Health Center, New Haven, CT 2007-2008

Parenting Group Coordinator

- Led psycho-educational parenting skills and support groups
- Counseled parents in child rearing, development, relationships, and self-esteem
- Designed trainings in leadership and group facilitation for the Nurturing Families Network and the Children's Trust Fund

TEACHING EXPERIENCE

Philadelphia Public Library, Philadelphia, PA 2001-2002 *LEAP After School Coordinator*

- Designed and implemented theme-based curriculum for students using library system that included weekly technology programs and cultural workshops
- Supervised high school program assistants
- Applied information technology and computer resource knowledge to create programs for LEAP participants

National School and Community Corps, Philadelphia, PA 2000-2001 *Americorps Teacher*

- Assistant taught second grade at inner-city Philadelphia elementary school
- Tutored and mentored middle school students in English, writing, math, and science
- Founded the school's first drama and music club in which students performed spoken word creations throughout the year and held an end-of-the-year talent show highlighting their work

Area Cooperative Educational Services-WHS/N, Hamden, CT 1999-2000 *Classroom Assistant/Paraprofessional*

- Assisted in classroom of emotionally challenged high school students
- Taught lessons in science, math, English, and history
- Mentored and counseled students with behavioral and emotional issues

LEADERSHIP AND COMMUNITY SERVICE ACTIVITIES

- Board of Directors, New Haven Land Trust 2007-2011
- New Haven Rising Member 2014-present
- Standing up for Racial Justice member 2016-present
- New Haven Peace Commission 2019-present
- Integrated Schools New Haven 2019-present
- Semilla Collective Volunteer 2020
- Seeds and Sprouts Community mental health organizing collective 2021-present
- Social Welfare Action Alliance 2021-present
- Hillhouse High School SPMT 2021-present

Spanish Speaking Proficiency

CT LCSW license # 10034, effective 10/16/2017; current through 6/30/2022

NPI# 1003321951