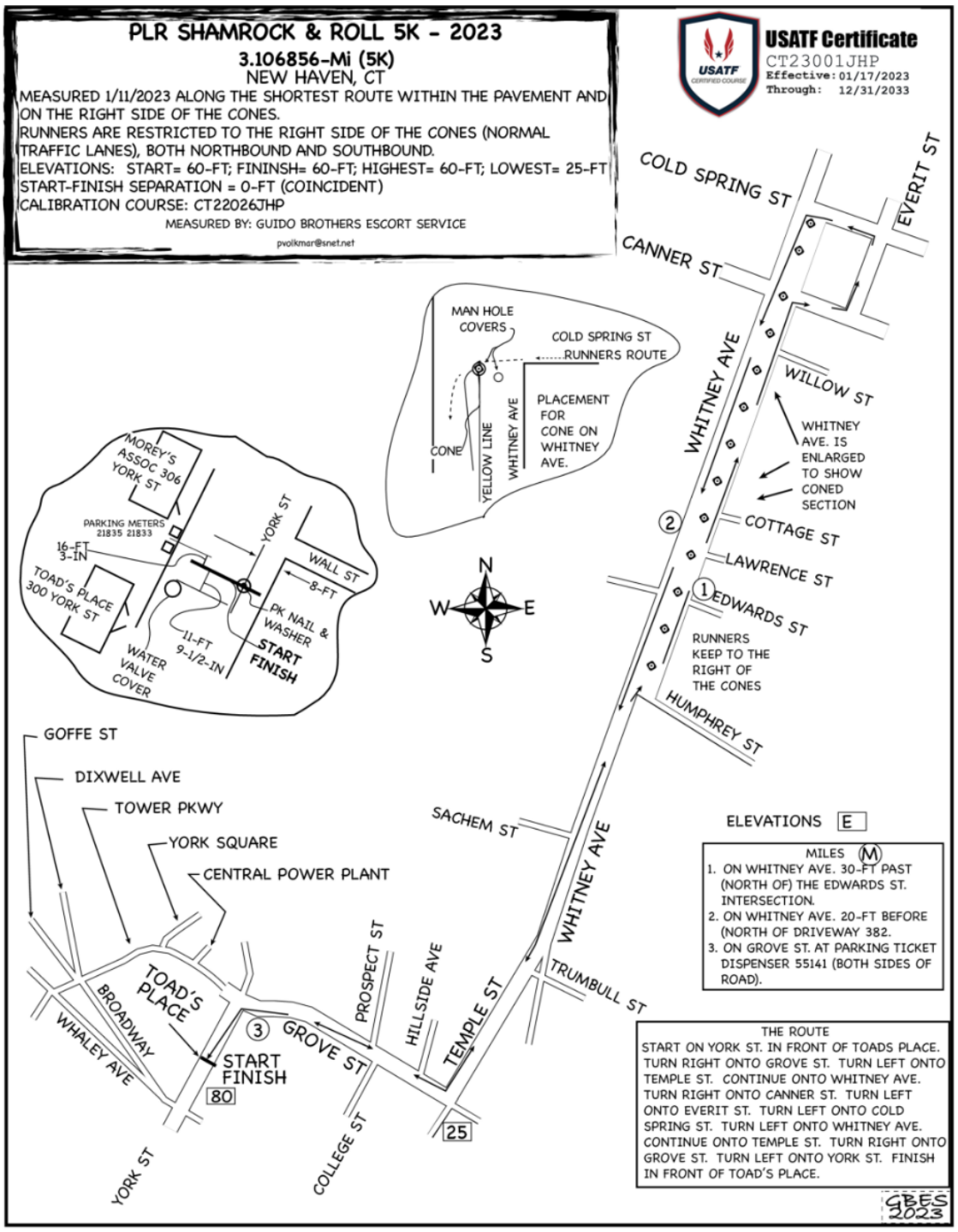
PLR SHAMROCK & ROLL 5K - 2023
3.106856-Mi (5K)
NEW HAVEN, CT
MEASURED 1/11/2023 ALONG THE SHORTEST ROUTE WITHIN THE PAVEMENT AND ON THE RIGHT SIDE OF THE CONES.
RUNNERS ARE RESTRICTED TO THE RIGHT SIDE OF THE CONES (NORMAL TRAFFIC LANES), BOTH NORTHBOUND AND SOUTHBOUND.
ELEVATIONS: START= 60-FT; FININSH= 60-FT; HIGHEST= 60-FT; LOWEST= 25-FT
START-FINISH SEPARATION = 0-FT (COINCIDENT)
CALIBRATION COURSE: CT22026JHP
MEASURED BY: GUIDO BROTHERS ESCORT SERVICE
pvolkmar@snet.net
USATF Certificate
CT23001JHP
Effective: 01/17/2023
Through: 12/31/2033
COLD SPRING ST
EVERIT ST
CANNER ST
MAN HOLE COVERS
COLD SPRING ST
RUNNERS ROUTE
PLACEMENT FOR CONE ON WHITNEY AVE.
CONE
YELLOW LINE
WHITNEY AVE
WHITNEY AVE
WILLOW ST
WHITNEY AVE. IS ENLARGED TO SHOW CONED SECTION
MOREY'S ASSOC 306 YORK ST
PARKING METERS 21835 21833
16-FT 3-IN
TOAD'S PLACE 300 YORK ST
YORK ST
WALL ST
8-FT
PK NAIL & WASHER
START FINISH
11-FT 9-1/2-IN
WATER VALVE COVER
N
W
E
S
2
COTTAGE ST
LAWRENCE ST
1
EDWARDS ST
RUNNERS KEEP TO THE RIGHT OF THE CONES
HUMPHREY ST
GOFFE ST
DIXWELL AVE
TOWER PKWY
YORK SQUARE
CENTRAL POWER PLANT
SACHEM ST
WHITNEY AVE
ELEVATIONS E
MILES M
1. ON WHITNEY AVE. 30-FT PAST (NORTH OF) THE EDWARDS ST. INTERSECTION.
2. ON WHITNEY AVE. 20-FT BEFORE (NORTH OF DRIVEWAY 382.
3. ON GROVE ST. AT PARKING TICKET DISPENSER 55141 (BOTH SIDES OF ROAD).
TOAD'S PLACE
BROADWAY
WHALEY AVE
3
GROVE ST
PROSPECT ST
HILLSIDE AVE
TEMPLE ST
TRUMBULL ST
START FINISH
80
25
YORK ST
COLLEGE ST
THE ROUTE
START ON YORK ST. IN FRONT OF TOADS PLACE. TURN RIGHT ONTO GROVE ST. TURN LEFT ONTO TEMPLE ST. CONTINUE ONTO WHITNEY AVE. TURN RIGHT ONTO CANNER ST. TURN LEFT ONTO EVERIT ST. TURN LEFT ONTO COLD SPRING ST. TURN LEFT ONTO WHITNEY AVE. CONTINUE ONTO TEMPLE ST. TURN RIGHT ONTO GROVE ST. TURN LEFT ONTO YORK ST. FINISH IN FRONT OF TOAD'S PLACE.
GBES 2023