

Application Form

Profile

If you have any questions or difficulty submitting this application, please reach out to Alex Guzhnay at aguzhnay@newhavenct.gov or call 203-946-7670.

Dejanae _____ Carpenter _____
 First Name Middle Initial Last Name

dejanaecarpenter@gmail.com _____
 Email Address

47 Frank Street _____ Suite or Apt _____
 Home Address

New Haven _____ CT _____ 06519 _____
 City State Postal Code

What ward do you live in (optional - please select ward if you know)?

None Selected

Mobile: (860) 491-7984 _____
 Primary Phone Alternate Phone

Are any of the above number a cell phone number?

Yes No

If so, which? Also, is it okay to send a text message?

Primary Phone and yes.

Are you currently employed by the City of New Haven or the New Haven Public School System?

Yes No

Albertus Magnus College _____ Clinician _____
 Employer Job Title

To see our list of Boards and Commissions please click here: <https://newhaven-ct.granicus.com/boards/w/976a34cad711af7c/boards>

Which Boards would you like to apply for?

Youth Commission: Submitted

Is this an appointment or reappointment request? *

Appointment

Interests & Experiences

Please tell us about yourself and why you want to serve. Please attach any of the follow:

Resume, Curriculum Vitae (CV), Professional Bio, or a Statement of Interest.

[Dejanae_Carpenter_LCSW_Resume.docx_1_.pdf](#)

Upload a Resume

If not submitting a Resume or CV, please submit a ~150 word Statement of Interest as to why you are interested in serving on your selected boards/commissions. If you have uploaded a resume OR you are seeking reappointment, you can write n/a.

N/A

Question applies to Youth Commission, Peace Commission

Are you under 18 or over 18? If under 18, please provide your DOB. If over 18, you can write n/a

N/A

Why are you interested in serving on a board or commission?

I am interested in serving on a board or commission because I believe meaningful change happens when community members step into leadership roles that shape policy, priorities, and access to resources. Throughout my career working with youth and families, I have seen how local decisions directly influence opportunities, support systems, and long-term outcomes. I am motivated to contribute at a level where advocacy and action intersect. Serving on a board allows me to move beyond individual-level support and help strengthen the systems that impact young people collectively. I value collaboration, accountability, and community voice, and I believe boards play a critical role in ensuring that decisions reflect the real needs of residents. I am especially drawn to public service roles that center prevention, equity, and youth empowerment. Being part of a commission would allow me to contribute to thoughtful decision-making while learning from other community leaders who share a commitment to New Haven's growth and well-being.

Why do you believe you would be a good fit for your selected board and commission(s)?

I believe I would be a strong fit for the Youth Commission because my career has been centered on supporting young people and strengthening the systems around them. As a Licensed Clinical Social Worker, I have worked in schools, community agencies, higher education, and reentry programs, giving me a broad understanding of the challenges youth face across different stages of development. I have provided direct counseling, crisis intervention, and group programming, while also partnering with families, educators, and community stakeholders to create coordinated support systems. My research and clinical focus on barriers to mental health access particularly within marginalized communities has strengthened my commitment to equity and inclusive policy development. Beyond my professional work, I remain engaged in community outreach and youth mental health education. I am collaborative, dependable, and deeply invested in ensuring that young people feel heard and supported. I would bring both professional expertise and genuine passion for youth advocacy to the Commission.

Do you have any time commitments that would prevent you from participating in board/commission meetings? Meeting times can be found by visiting newhavenct.gov/boards, but most are usually once a month for 1-2 hours.

No

Demographics

Some boards and commissions require membership to be politically proportionate, per State Statute on minority party representation (CGS § 9-167a). What is your political affiliation on your voter registration (i.e Democrat, Republican, Unaffiliated, Independent, etc)?

Democrat

In order to stay compliant with our city's charter, are you registered to vote in New Haven?

Yes No

We strive to maintain diversity in all of our Boards and Commissions. These questions are optional and if you volunteer the information we will only use it to ensure that our boards and commissions are diverse.

Ethnicity

African American

Gender

Female

How did you hear about serving on our Boards & Commissions?

Dejanae M. Carpenter, LCSW

dejanaecarpenter@gmail.com - 860-491-7984

Education

Licensed Clinical Social Worker (LCSW)
State of Connecticut

Present

Springfield College School of Social Work
Master of Social Work

Springfield, MA
December 2019

Research Focus: The Study of African Americans in Recovery of Mental Health & Barriers of Service Implications

Central Connecticut State University
Bachelor of Social Work

New Britain, CT
May 2018

Skills and Training

EMDR Trained
Intake & Treatment Planning
Community Outreach
Discharge Planning
Circle of Security Facilitator

BSFT Trained
Crisis Intervention
Group/Family Therapy
DBT/CBT Modalities
Case Consultations

Intern Supervision & Teaching

Professional Experience

Founder & Sole Clinician, Tender Luxe Therapy LLC

September 2025 - Present

- Provide individual, family, and group psychotherapy services
- Offer pro bono brief therapy sessions to individuals and families experiencing financial hardship, immigration-related stressors, or limited access to mental health care

Licensed Mental Health Clinician, Albertus Magnus College

September 2025 - Present

- Provide individual and group counseling to college students in the Counseling Center using evidence-based modalities such as CBT, DBT, and trauma-informed approaches.
- Collaborate with the Director of Health and Wellness and multidisciplinary staff to deliver holistic, student-centered mental health services.
- Engage in crisis intervention, mental health assessment, and treatment planning to promote student well-being and academic success.
- Develop and implement campus-wide wellness programming and mental health outreach

to reduce stigma and increase access to care.

- Provide consultation and training for faculty, staff, and student leaders to support mental health awareness and prevention efforts.
- Participate in committees such as the Mental Health Coalition and JED Campus Team to strengthen campus mental health initiatives.

Psychotherapist, Catholic Charities

June 2024 - August 2025

- Conduct intake assessments and developed individualized treatment plans for children, adolescents, and families, utilizing evidence-based therapeutic techniques.
- Facilitate in-office and telehealth therapy sessions, providing high-quality mental health services to clients with DSM diagnoses.
- Supervised and mentored Master of Social Work (MSW) intern, offering guidance and professional development to prepare for clinical practice
- Lead psychoeducational groups and served as a Circle of Security facilitator, delivering structured interventions focused on attachment theory and emotional development.
- Contributed to the creation of a Certified Community Behavioral Health Clinic (CCBHC) for child guidance services, expanding community outreach and accessibility to mental health resources.
- Collaborate with interdisciplinary teams to provide holistic care and ensure comprehensive treatment
- Engage in ongoing community outreach efforts, building partnerships and promoting mental health awareness to reduce stigma and increase service utilization.

Program Director, Community Health Resources

August 2022 - March 2024

- Delivered clinical therapy and provided expert consultation, training, and evaluations to ensure high-quality care delivery and professional development.
- Oversaw case planning, care coordination, and supervised both staff and clients, ensuring compliance with clinical and organizational standards.
- Managed all program operations, including budgeting, financial oversight, and reporting to funders, ensuring effective resource allocation and program sustainability.
- Exercised independent decision-making and provided clinical direction, leadership, and crisis intervention efforts during critical situations.
- Facilitated training sessions and workshops for staff and interns, promoting continuous learning and fostering an environment of academic and professional growth.
- Collaborated with external partners, stakeholders, and funders to ensure program success and alignment with broader community goals.

School Social Worker, Keeney Elementary School

September 2021- June 2022

- Provided services to improve the social, emotional, and psychological functioning of children and their families in order to maximize academic functioning.

