



City of New Haven

Youth & Recreation Department

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Justin Elicker, Mayor

Gwendolyn B. Williams, Director



Executive Summary

City of New Haven – Youth and Recreation Department

The City of New Haven Youth and Recreation Department sought additional support to get Girls involved in programs. The program targets 200 middle school girls through structured athletic and personal development. This designed program will help our students feel safe, cared for, valued and empowered to become independent by building skills and competencies necessary to thrive and contribute meaningfully to society. Enjoy a high quality of life through access to welcoming community spaces, engaging programs and supportive relationships.

Benefits / Goals

- **Academic Success:** Preparedness for post-secondary education and lifelong learning
- **Good Health:** Physical, mental, emotional, and social well-being
- **Strong Character:** Development of shared values and integrity
- **Informed Decision-Making:** Ability to make thoughtful, responsible choices
- **Civic Engagement:** Active participation in the community and democratic process
- **Job Readiness:** Skills and experiences that prepare youth for the workforce
- **Age-Appropriate Independence:** Progress toward personal responsibility and autonomy
- **Cultural Awareness and Sensitivity:** Exposure to and appreciation for diverse cultures, including one's own

The Department maintains strong, productive partnerships with the New Haven Board of Education and a wide network of local youth-serving organizations that share our commitment to putting youth first. Our work is rooted in equity and long-term impact, with a focused effort on enhancing capacity-building strategies. These include expanding economic opportunities for youth and increasing access to safe, positive, and developmentally enriching social activities.