

Germano A. Kimbro
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PROFILE

Professional Experience: Human Services

Field of Expertise: Mental Health, Substance Use Disorders, Recovery Housing, Criminal Justice.

Connecticut Department of Mental Health and Addiction Services (DMHAS).

Mental Health Assistant: **05 /2019- present)**

Participates in assigned nursing, clinical and/or rehabilitative interventions to meet client short and long term needs; advocates for services or resources that meet client needs and preferences; assists client in developing effective strategies for managing internal and external stress; routinely solicits personal goals and preferences; identifies and facilitates use of appropriate support networks; participates in education and training activities to further skill development; participates in admission and discharge planning activities; protects civil rights of client; maintains a safe and healthy environment; may manage client behaviors through verbal communication as needed; performs related duties as required.

INPATIENT WARD OR UNIT: Communicates and interacts with clients; participates in development of nursing care and treatment plans; encourages client to participate in therapeutic activities; observes and records client behavior and prepares pertinent reports; participates in on-going education and training programs; may participate in follow up of client in community based services; may supervise self-administration of oral medication.

Connecticut Department of Mental Health and Addiction Services (DMHAS).

Recovery Support Specialist: **(11/2017- 5/21/2019)**

Guides clients through the process of defining personal goals for clients' recovery plans using existing evidence based workbooks or person centered planning tools; supports and guides clients in following tasks outlined in recovery plan (i.e. pursuing goals related to employment, education, community involvement and the use of natural supports); guides clients in identifying and exercising their rights; participates in rehabilitative and recovery oriented interventions to meet clients' needs and goals; provides information and support to clients and encourages their development of community networks and activities relating to community integration; provides instruction and skill training in recovery management to clients and families; acts as a peer health navigator to engage clients who have or are at risk for co-morbid medical conditions in wellness activities; supports clients to secure information about resources relevant to their wellness; supports clients in obtaining services that meet clients recovery needs; supports clients in dealing with internal and external stress; attends medical/clinical appointments with clients in a peer capacity; accompanies clients as peers on volunteer opportunities and activities; organizes and conducts workshops on topics related to recovery and wellness including; may coach adaptive client behaviors through verbal communication; observes and reports clients' behavior; prepares and submits incident or other related forms; updates clients' notes in the medical record as required; enters computerized data as required; may provide outreach and transportation; performs related duties as required.

New Seasons Treatment Center, Concord NH

MAT Substance Abuse Counselor

(7/2017 - 2/18)

- Provided orientations, assessments, discharge planning, individual/group counseling care coordination and case management to individuals engaged in substance use and abuse.
- **Treatment plans**
- **Group & Individual counseling**
- **Urine analysis**

Community Action Agency New Haven CAANH

Fatherhood Services / Prison Reentry Coordinator

(7/2015- 7/17)

- Provided orientations, assessments, discharge planning, individual/group counseling, care coordination and case management to incarcerated individuals pre/post release.
- Provide case management and support to fathers and parents separated by incarceration.
- Manage the day-to-day operations of programs.
- Implement policy both programmatically and operationally.
- Provide ongoing training and workshops involving client and staff development issues.
- Conduct ongoing research to support additional funding for the program.

EDUCATION

Springfield College, Springfield, MA.

- ***Bachelor of Science,***
Concentration: Human Services

Advocacy Unlimited / Recovery University, New Britain, CT.

- ***Certified Recovery Support Specialist, (RSS)***

Gateway Community College, New Haven, CT

- ***Youth Certification***
- ***Best Practices***

Associate of Arts, Asnuntuck Community, Enfield, CT.

- ***Liberal Arts***

WORK RELATED COURSES AND TRAINING / CERTIFICATIONS:

- Recovery Support Specialist (Certified)
- Harm Reduction (M.A.T.)
- Mental Health First Aid
- Trauma Informed Care (Men)
- Fathers & Families Services Provider
- Positive Youth Development (Certified)
- Public Housing Services Provider Specialist
- Cultural Competency & Diversity
- Motivational Interviewing.
- State-wide Collaborative Offender Risk Evaluation System (SCORES)
- Security (Guard Card)

References upon request